



Where the Game Never Ends

2011-12 WINTER/SPRING CLINICS

Extra Innings offers indoor comprehensive clinics throughout the year for players ages 7-18. These clinics emphasize fundamental improvement for young players and advance training for older players. All clinics are designed to enhance their skills and to gain a competitive advantage. **Participation is limited to ensure quality instruction.**

DECEMBER - MIZUNO "NEVER SETTLE" BASEBALL PITCHERS & CATCHERS DEVELOPMENT CLASS

This 4 session clinic focuses on the fundamentals of the pitcher. Instructors work specific drills each week to improve the mechanics of the pitcher. Instructors work specific drills each week to improve the mechanics of the pitcher and the proper techniques of receiving, blocking and throwing for the catcher. Each week the pitchers will throw live to the catchers under the supervision of our instructors. **Each participant will receive a FREE gift from Mizuno. Space is limited.**

Mondays, December 5, 12, 19, 26 | Ages 7-12 - 6:15 pm to 7:30 pm • Ages 13-18 - 7:45 pm to 9:00 pm | Non-Members - \$135 • Members - \$105

DECEMBER - "DEMARINI UPRISING" BASEBALL HITTING DEVELOPMENT CLASS

This 4 session clinic focuses on the mechanics of baseball hitting and bunting. Our instructors will conduct a detailed point-by-point inspection of the stance, grip, swing and will correct any flaws or problems. All batting tunnels and the training room will be utilized. A great way to start an off-season training program! **Each participant will receive a FREE gift from DeMarini. Space is limited.**

Wednesdays, December 7, 14, 21, 28 | Ages 7-12 - 6:15 pm to 7:30 pm • Ages 13-18 - 7:45 pm to 9:00 pm | Non-Members - \$135 • Members - \$105

DECEMBER VACATION CLINIC

This 4 day clinic focuses on the skills of hitting, fielding, pitching, throwing and base-running. Players are separated into age groups and rotated through different stations that are designed to teach a different skill. Each station is taught by one of our instructors in their area of expertise. **This is one of our most popular clinics and space is limited so please register early.**

December 27, 28, 29, 30 | Ages 7-14 - 8:30 am to 12:30 pm | Non-Members - \$150 • Members - \$125

JANUARY - "DEMARINI UPRISING" BASEBALL HITTING DEVELOPMENT CLASS

This 4 session clinic focuses on the mechanics of baseball hitting and bunting. Our instructors will conduct a detailed point-by-point inspection of the stance, grip, swing and will correct any flaws or problems. All batting tunnels and the training room will be utilized. A great way to start an off-season training program! **Each participant will receive a FREE gift from DeMarini. Space is limited.**

Mondays, January 2, 9, 16, 23 | Ages 7-12 - 6:15 pm to 7:30 pm • Ages 13-18 - 7:45 pm to 9:00 pm | Non-Members - \$135 • Members - \$105

JANUARY - "DEMARINI UPRISING" SOFTBALL HITTING DEVELOPMENT CLASS

This 4 session clinic focuses on the mechanics of softball hitting and bunting. Our instructors will conduct a detailed point-by-point inspection of the stance, grip, swing and will correct any flaws or problems. All batting tunnels and the training room will be utilized. A great way to start an off-season training program! **Each participant will receive a FREE gift from DeMarini. Space is limited.**

Wednesdays, January 4, 11, 28, 25 | Ages 7-12 - 6:15 pm to 7:30 pm • Ages 13-18 - 7:45 pm to 9:00 pm | Non-Members - \$135 • Members - \$105



www.ExtraInnings-Hagerstown.com • 301-393-2668 •



JANUARY - MIZUNO "NEVER SETTLE" BASEBALL PITCHERS & CATCHERS DEVELOPMENT CLASS

This 4 session clinic focuses on the fundamentals of the pitcher. Instructors work specific drills each week to improve the mechanics of the pitcher. Instructors work specific drills each week to improve the mechanics of the pitcher and the proper techniques of receiving, blocking and throwing for the catcher. Each week the pitchers will throw live to the catchers under the supervision of our instructors. **Each participant will receive a FREE gift from Mizuno. Space is limited.**

Thursdays, January 5, 12, 19, 26 | Ages 7-12 - 6:15 pm to 7:30 pm • Ages 13-18 - 7:45 pm to 9:00 pm | Non-Members - \$135 • Members - \$105

FEBRUARY - "DEMARINI UPRISING" BASEBALL HITTING DEVELOPMENT CLASS

This 4 session clinic focuses on the mechanics of baseball hitting and bunting. Our instructors will conduct a detailed point-by-point inspection of the stance, grip, swing and will correct any flaws or problems. All batting tunnels and the training room will be utilized. A great way to start an off-season training program! **Each participant will receive a FREE gift from DeMarini. Space is limited.**

Thursdays, February 2, 9, 16, 23 | Ages 7-12 - 6:15 pm to 7:30 pm • Ages 13-18 - 7:45 pm to 9:00 pm | Non-Members - \$135 • Members - \$105

FEBRUARY - MIZUNO "NEVER SETTLE" BASEBALL PITCHERS & CATCHERS DEVELOPMENT CLASS

This 4 session clinic focuses on the fundamentals of the pitcher. Instructors work specific drills each week to improve the mechanics of the pitcher. Instructors work specific drills each week to improve the mechanics of the pitcher and the proper techniques of receiving, blocking and throwing for the catcher. Each week the pitchers will throw live to the catchers under the supervision of our instructors. **Each participant will receive a FREE gift from Mizuno. Space is limited.**

Mondays, February 6, 13, 20, 27 | Ages 7-12 - 6:15 pm to 7:30 pm • Ages 13-18 - 7:45 pm to 9:00 pm | Non-Members - \$135 • Members - \$105

MARCH - "DEMARINI UPRISING" BASEBALL HITTING SPRING TRAINING CAMP

This 4 session mini camp focuses on the mechanics of baseball hitting and bunting. Our instructors will conduct drills geared to polish hitter's swings in preparation for the start of the season. This is great supplement for players who have already participated in previous hitting clinics to continue to get quality swings leading into the season. Previous clinic experience is recommended but not required. **Each participant will receive a FREE gift from Mizuno. Space is very limited.**

Mondays, March 5, 12, 19, 26 | Ages 7-14 - 6:00 pm to 7:30 pm | Non-Members - \$150 • Members - \$120

MARCH - MIZUNO "NEVER SETTLE" BASEBALL PITCHING SPRING TRAINING CAMP

This 4 session mini camp focuses on the mechanics of pitching. Our instructors will conduct drills geared to polish pitcher's mechanics and get their arms in shape in preparation for the start of the season. This is great supplement for players who have already participated in previous pitching clinics to continue conditioning their arm leading into the season. Previous clinic experience is recommended but not required. **Each participant will receive a FREE gift from Mizuno. Space is very limited.**

Tuesdays, March 6, 13, 20, 27 | Ages 7-14 - 6:00 pm to 7:30 pm | Non-Members - \$150 • Members - \$120

APRIL VACATION CLINIC SPONSORED BY EASTON

This 4 day clinic focuses on the skills of hitting, fielding, pitching, throwing and base-running. Players are separated into age groups and rotated through different stations that are designed to teach a different skill. Each station is taught by one of our instructors in their area of expertise. **This is one of our most popular clinics and space is limited so register early.**

Thursday, April 5-7 & Monday, April 9 | Ages 7-14 - 8:30 am to 12:30 pm | Non-Members - \$150 • Members - \$125

2012 Summer Clinics

SUMMER BASEBALL CLINIC #1 Location: Extra Innings Hagerstown

This 5 day clinic focuses on the skills of hitting, fielding, pitching, throwing and base-running. Players are separated into age groups and rotated through different stations that are designed to teach a different skill. Each station is taught by our instructors in their area of expertise. **Space is limited so please register early.**

July 9-13 | Ages 7-14 - 8:30 am to 12:30 pm | Non-Members - \$150 • Members - \$125

SUMMER SOFTBALL CLINIC #1 Location: Extra Innings Hagerstown

This 5 day clinic focuses on the skills of hitting, fielding, pitching, throwing and base-running. Players are separated into age groups and rotated through different stations that are designed to teach a different skill. Each station is taught by our instructors in their area of expertise. **Space is limited so please register early.**

July 16-20 | Ages 7-14 - 8:30 am to 12:30 pm | Non-Members - \$150 • Members - \$125

SUMMER BASEBALL CLINIC #2 Location: Extra Innings Hagerstown

This 5 day clinic focuses on the skills of hitting, fielding, pitching, throwing and base-running. Players are separated into age groups and rotated through different stations that are designed to teach a different skill. Each station is taught by our instructors in their area of expertise. **Space is limited so please register early.**

July 23-27 | Ages 7-14 - 8:30 am to 12:30 pm

Non-Members - \$150 • Members - \$125



Mon - Fri 11 am - 8 pm

Sat 9 am - 8 pm • Sun 9 am - 7 pm

Extended hours available by reservation

16038 Business Parkway, Hagerstown, MD 21740

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